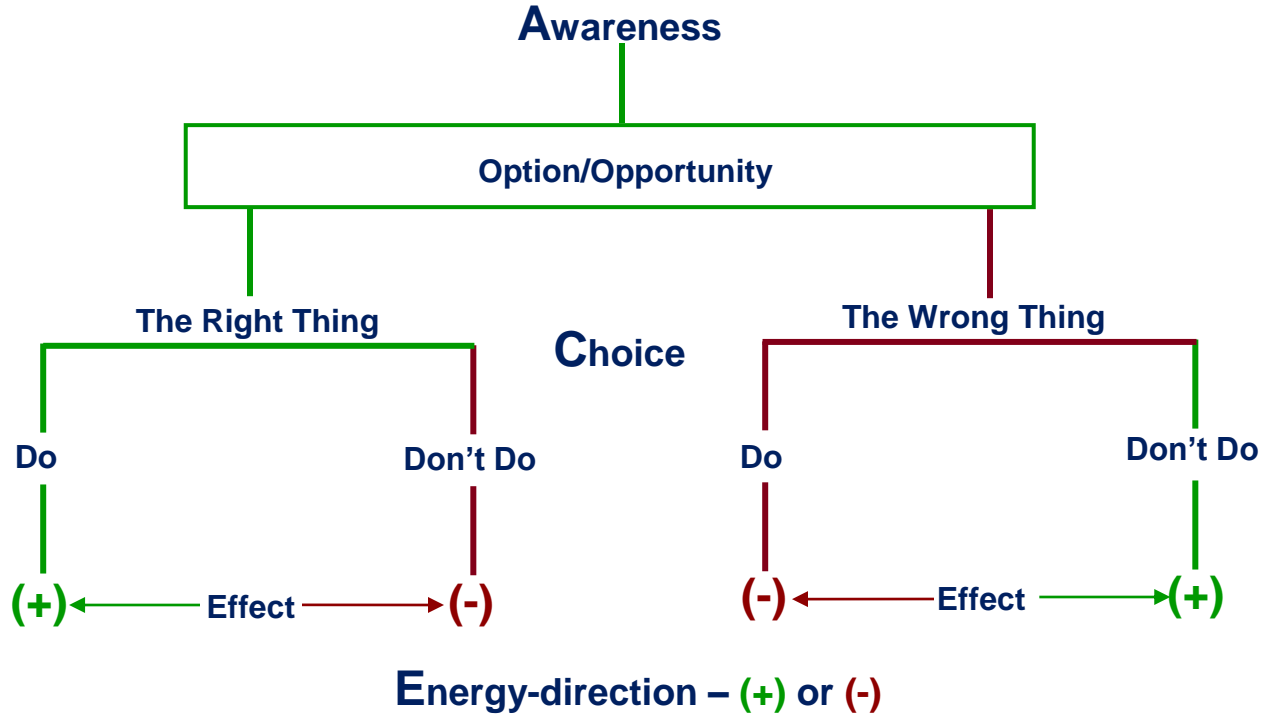


ACE Worksheet



(+) – Energy moves toward **positive** abundance – More of what you **want**

(-) – Energy moves toward **negative** abundance – More of what you **do NOT** want

Options and opportunities include everything from whether to get out of bed in the morning to whether to be the master of your own life or remain a slave to other people's choices.

Not choosing is a choice to do the **wrong thing**. The energy generated by a non-choice is toward entropy, which leads to more of what you do NOT want.

What does the right thing look like for this option/opportunity?

What does the wrong thing look like for this option/opportunity?